



Student Support & Wellbeing Guide

Empowering You to Thrive in Your Learning Journey

Provided by Personnel Training – RTO ID: 91454

 personnelgroup.com.au/training |  1300 874 000

We're Here for You

At Personnel Training, we understand that life can present challenges—whether they're emotional, physical, mental, or related to language, literacy, or numeracy (LLN). You're not alone. We're committed to supporting your wellbeing so you can succeed in your studies and beyond.

Our Student Support Services

- **Flexible Learning Options** – Online and face-to-face delivery to suit your lifestyle.
 - **Inclusive Training** – Support for learners with physical or intellectual disabilities.
 - **Personalised Assistance** – Help with study skills, time management, and wellbeing.
 - **Referral Pathways** – We connect you with additional services when needed.
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Additional Services from The Personnel Group

We offer a wide range of support beyond training:

Disability Employment Services (DES) / Inclusive Employment Australia (IEA)

Helping individuals with disability, injury, or health conditions find and maintain meaningful employment:

- Job matching and placement
- Ongoing workplace support
- Employer engagement and education

 [Learn more](#)

NDIS Employment Services


Tailored employment support for NDIS participants:

- Individualised service agreements
- Youth Employment Assistance (formerly SLES)
- Ongoing coaching and mentoring

 [NDIS Employment Support](#)


Health Services

Allied health support to improve wellbeing and independence:

- Psychology and occupational therapy
 - Services for children (5+), adolescents, and adults
 - Individual therapy plans tailored to personal goals
-  [Health Services](#)


Labour Hire Services

Through MP Recruitment:

- Temporary staffing solutions
 - Payroll and HR management
 - Skilled and general labour across industries
-  [MP Recruitment](#)

Community Services

Support for mental health, disability, and injury-related employment challenges, helping individuals live fully and equally in their communities:

- Assisted School Travel
 - Parent Pathways
 - Shared Experience
 - Aspire Support Services
 - Living Options
 - Lifestyle and Learning
 - Plan Management
-  [Community](#)

Free National Support Services

If you or someone you know needs immediate help, call **000**.

24/7 Crisis Support

- **Lifeline** – 13 11 14 | lifeline.org.au
- **Beyond Blue** – 1300 22 4636 | beyondblue.org.au
- **Kids Helpline** – 1800 55 1800 | kidshelpline.com.au

Other Key Services

- **MensLine Australia** – 1300 789 978
- **Suicide Call Back Service** – 1300 659 467
- **1800RESPECT** – 1800 737 732
- **QLife (LGBTIQ+ support)** – 1800 184 527
- **Butterfly Foundation** – 1800 33 4673

State-Based Mental Health Helplines

- **VIC** – Nurse-On-Call: 1300 60 60 24
 - **NSW** – Mental Health Line: 1800 011 511
 - **ACT** – Access Mental Health: 1800 629 354
 - **QLD** – 1300 MH CALL: 1300 64 22 55
 - **SA** – Mental Health Triage: 13 14 65
 - **TAS** – Access Mental Health: 1800 332 388
 - **WA** – MHERL: 1300 555 788 | RuralLink: 1800 552 002
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Language Support

Need help in your language?

Call **TIS National** on **131 450** for free interpreter services in over 100 languages.

Let's Talk

If you're struggling or just need someone to talk to, reach out to your trainer or contact our support team. We're here to help you succeed—academically and personally.